

## 2021 Hockey Development Festival - Dieppe, NB

### Male Under 15

| DATE             | TIME           | EVENT                      | GROUP         | LOCATION           |
|------------------|----------------|----------------------------|---------------|--------------------|
| Friday July 16   | 1:30-1:45 pm   | Registration               | Blue          | Uniplex            |
|                  | 2:30-3:45 pm   | Practice                   | Blue          | Uniplex (Coop-IGA) |
|                  | 4:00-5:00 pm   | Goalie Practice            | All Goalies   | Uniplex (UNI)      |
|                  | 4:00-4:15 pm   | Registration               | White         | Uniplex            |
|                  | 5:15-6:30 pm   | Practice                   | White         | Uniplex (Coop-IGA) |
|                  |                |                            |               |                    |
| Saturday July 17 | 9:00-10:15 am  | Practice                   | White         | Uniplex (Coop-IGA) |
|                  | 9:00-10:00 am  | Yoga                       | Blue          | Uniplex Gym        |
|                  | 10:30-11:45 am | Practice                   | Blue          | Uniplex (Coop-IGA) |
|                  | 11:00-12:00 pm | Yoga                       | White         | Uniplex Gym        |
|                  | 12:15-12:45 pm | Lunch                      | Blue & White  | Uniplex (Bistro)   |
|                  | 1:00-2:00 pm   | Presentation (Mental Perf) | Blue & White  | Uniplex            |
|                  | 3:00-5:00 pm   | Game                       | White vs Blue | Uniplex (UNI)      |
|                  |                |                            |               |                    |
| Sunday July 18   | 9:15-10:30 am  | Practice                   | Blue          | Uniplex (UNI)      |
|                  | 9:00-10:00 am  | Presentation               | White         | Uniplex Gym        |
|                  | 10:45-12:00 pm | Practice                   | White         | Uniplex (UNI)      |
|                  | 11:00-12:00 pm | Presentation               | Blue          | Uniplex Gym        |
|                  | 12:00-12:30 pm | Lunch                      | Blue          | Uniplex (Bistro)   |
|                  | 12:30-1:00 pm  | Lunch                      | White         | Uniplex (Bistro)   |
|                  | 12:30-1:30 pm  | Coach/Team Meeting         | Blue          | Uniplex - Big Room |
|                  | 1:00-2:00 pm   | Fitness Testing            | White         | Uniplex Gym        |
|                  | 2:00-3:00 pm   | Coach/Team Meeting         | White         | Uniplex - Big Room |
|                  | 2:00-3:00 pm   | Fitness Testing            | Blue          | Uniplex Gym        |
|                  | 4:00-6:00 pm   | Game                       | White vs Blue | Uniplex (UNI)      |
|                  |                |                            |               |                    |
| Mon July 19      | 9:00-11:00 am  | Game                       | White vs Blue | Uniplex (Coop-IGA) |
|                  |                |                            |               |                    |
|                  |                |                            |               |                    |