

## 2021 Hockey Development Festival - Dieppe, NB

### Female Under 16

| DATE              | TIME           | EVENT                | GROUP             | LOCATION           |
|-------------------|----------------|----------------------|-------------------|--------------------|
| Tues July 20      | 12:00-12:15 pm | Registration         | Blue              | Uniplex            |
|                   | 1:00-2:15 pm   | Practice             | Blue              | Uniplex (UNI)      |
|                   | 1:30-1:45 pm   | Registration         | White             | Uniplex            |
|                   | 2:30-3:45 pm   | Practice             | White             | Uniplex (UNI)      |
|                   | 4:00-5:00 pm   | Goalie Practice      | All Goalies       | Uniplex (Coop-IGA) |
| Wednesday July 21 | 8:00-9:00 am   | Practice             | Forwards          | Uniplex (Coop-IGA) |
|                   | 9:15-10:15 am  | Practice             | Goalies & Defence | Uniplex            |
|                   | 9:30-10:30 am  | Yoga                 | Forwards          | Uniplex (Coop-IGA) |
|                   | 10:45-11:45 am | Yoga                 | Goalies & Defence | Uniplex            |
|                   | 11:00-12:00 pm | Presentation         | Forwards          | Uniplex            |
|                   | 12:00-12:30 pm | Lunch                | All               | Uniplex            |
|                   | 12:00-1:00 pm  | Presentation         | Goalies & Defence | Uniplex Gym        |
|                   | 12:30-1:00 pm  | Coach/Player meeting | Forwards          | Uniplex            |
|                   | 1:00-1:30 pm   | Coach/Player meeting | Goalies & Defence | Uniplex            |
|                   | 2:15-4:15 pm   | Game                 | White vs Blue     | Uniplex (UNI)      |
| Thursday July 22  | 8:30-9:30 am   | Practice             | Blue              | Uniplex (Coop-IGA) |
|                   | 8:15-9:15 am   | Presentation         | White             | Uniplex            |
|                   | 9:45-10:45 am  | Practice             | White             | Uniplex (Coop-IGA) |
|                   | 10:00-11:00 am | Presentation         | Blue              | Uniplex            |
|                   | 11:30-12:00 pm | Lunch                | White & Blue      | Uniplex            |
|                   | 12:00-1:00 pm  | Fitness Testing      | White & Blue      | Uniplex            |
|                   | 1:00-1:30 pm   | Coach/Player Meeting | White & Blue      | Uniplex            |
|                   | 2:15-4:15 pm   | Game                 | White vs Blue     | Uniplex (UNI)      |
| Fri July 23       | 9:00-11:00     | Game                 | White vs Blue     | Uniplex (Coop-IGA) |
|                   |                |                      |                   |                    |
|                   |                |                      |                   |                    |